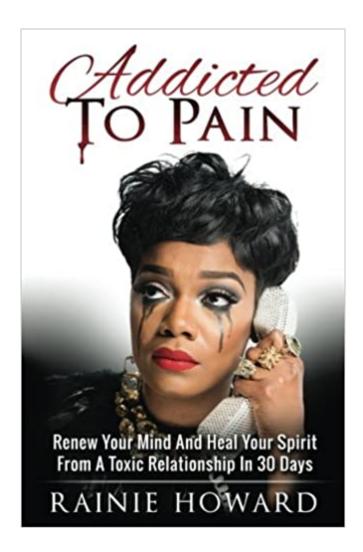


The book was found

Addicted To Pain: Renew Your Mind & Heal Your Spirit From A Toxic Relationship In 30 Days





Synopsis

Addicted To Pain Book Description The obsession of a toxic or abusive relationship can have the same enticement as drugs or alcohol. The pattern echoes time and time again: a new significant other draws you into a new relationship that starts off loving and alluring only to develop into a hurtful or abusive cycle. People who have a healthy understanding of â⠬œtrue loveâ⠬• do not tolerate this kind of pain. He or she will move on in search of a healthier bond. Itââ ¬â,,¢s an unhealthy view on love that will rationalize the toxic behavior and cling to abusive relationships long after they should have ended. Like any other addiction those hooked on a toxic love and an emotionally abusive relationship; have no control over excessive urges to text, call, manipulate or beg for love, attention and affection. They want help. They want to end the pain and recover, but it¢â ¬â,,¢s just like trying to shake a drug habit. Ranked one of the top bestseller abusive relationship books, Addicted to Pain reveals the truths every woman needs to heal from a toxic relationship and return to a life rich with purpose and fulfillment. Relationship expert Rainie Howard writes this all-in-one spiritual guide to provide daily insight on toxic love addiction and a healing plan to help you recover from the overwhelming effects of an abusive relationship. Learn how to get over a guy and heal from all abuse including: The verbally abusive relationship Emotionally abusive relationship Spiritual and physical abusive relationship Rainie has authored several books on relationships and is sought after as a conference speaker. If you¢â ¬â,,¢ve been seeking books for women and break up books to help you gain restoration from a separation, abusive relationship or divorce this is the book for you!

Book Information

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Customer Reviews

Rainie Howard is a wife, mother and mentor. She has authored several books and is sought after as a conference speaker. Rainie offers a free online Love Class to her YouTube subscribers. Rainie and her husband Patrick Howard are the founders of $\tilde{A}\phi\hat{a}$ $\neg \mathring{A}$ "RealLoveExist $\tilde{A}\phi\hat{a}$ $\neg \hat{A}$ •, a movement that promotes real love stories and healthy marriages, encouraging others to never give up on love. To learn more about $\tilde{A}\phi\hat{a}$ $\neg \mathring{A}$ "RealLoveExist $\tilde{A}\phi\hat{a}$ $\neg \hat{A}$ • go to www.RealLoveExist.com

This book has really change my life, The was a great bok and open my eyes to so many things. I thank and appreciate the author of this book.. It's a must read and will help you get through a toxic relationship. It will also set you free and heal your broken heart without holding a grudge.

Thank You Mrs. Howard for this awesome book I've learn so much from reading this book although I used to be in a toxic relationship but I ended the relationship for almost 2 years now. Thank GOD.

This book is very informative, relieving, comforting, and the truth. I've experienced so much and this book has helped me get to a healing point. I feel so much better after reading this book. I would advise anyone that is having a hard time getting past an ex to read this book.

What a good read, this book came into my life at the right time. It will help you to take a good look at yourself. Ms. Rainie is truly annointed!

The book was very inspiring. It has taught me a lot about myself and why I seem to attract the same types of men in my life.

I felt that Mrs. Howard was speaking directly to me in many parts of this book! For anyone that has been through a "break-up" or "toxic reltionship" this book will help you "Free Yourself!"

Excellent encouragement for those that are struggling with letting go and repeating the same mistakes! A must read for guarding your heart!

Reading through the book & understanding everything knowing I have been through similar

situations really helped my mind be at ease

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